

# HOLY HOUR

EXPOSITION & ADORATION • ROSARY • BENEDICTION



ST. VINCENT DE PAUL CATHOLIC CHURCH

# EXPOSITION OF THE BLESSED SACRAMENT (ALL KNEEL)

## HYMN

### O SAVING VICTIM / O SALUTARIS HOSTIA



1. O Sav - ing Vic - tim, o - p'ning wide The  
2. To your great name be end - less praise, Im -  
*1. O sa - lu - tá - ris hó - sti - a, Quae*  
*2. U - ni tri - nó - que Dó - mi - no Sit*



gate of heav'n to us be - low! Our foes press on from  
mor - tal God - head, One in Three; O grant us end - less  
*cae - li pan - dis ó - sti - um: Bel - la pre - munt ho -*  
*sem - pi - tér - na gló - ri - a: Qui vi - tam si - ne*



ev - 'ry side: Your aid sup - ply, your strength be - stow.  
length of days When our true na - tive land we see.  
*stí - li - a, Da ro - bur fer au - xí - li - um.*  
*tér - mi - no No - bis do - net in pá - tri - a.*

Text: Thomas Aquinas, c.1225–1274; tr. by Edward Caswall, 1814–1878 and John Mason Neale, 1818–1866, alt.  
Tune: DUGUET, LM; Dieudonné Duguet, 1794–1849

## THE PRAYING OF THE ROSARY



## HAIL HOLY QUEEN

**All:** Hail, holy Queen, Mother of mercy,  
our life our sweetness, and our hope.  
To thee do we cry, poor banished children of Eve;  
to thee do we send up our sighs,  
mourning and weeping in this valley of tears.

Turn, then, most gracious advocate,  
your eyes of mercy toward us;  
and after this our exile,  
show unto us the blessed fruit of your womb, Jesus:

O clement, O loving, O sweet Virgin Mary.

**Priest:** Pray for us, O Holy Mother of God,

**All:** That we may be made worthy of the promises of Christ.

**All:** O God, whose only begotten Son,  
by his life, death and resurrection,  
has purchased for us the rewards of eternal life,  
grant, we beseech thee,  
while meditating upon these mysteries  
of the Most Holy Rosary of the Blessed Virgin Mary,  
we may both imitate what they contain,  
and obtain what they promise,  
through the same Christ our Lord.  
Amen.

## LITANY OF THE BLESSED VIRGIN MARY

**All:** Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Christ hear us. Christ, graciously hear us.

**Priest:** God the Father of heaven,

**All:** Have mercy on us.

**Priest:** God the Son, Redeemer of the world,

**All:** Have mercy on us.

**Priest:** God the Holy Spirit,

**All:** Have mercy on us.

**Priest:** Holy Trinity, one God,

**All:** Have mercy on us.

**Priest:** Holy Mary,

**All:** Pray for us. (*REPEAT AFTER EACH LINE*)

**Priest:** Holy Mother of God,  
Holy Virgin of virgins,  
Mother of Christ,  
Mother of the Church,  
Mother of mercy,  
Mother of divine grace,  
Mother of hope,  
Mother most pure,  
Mother most chaste,

Mother inviolate,  
Mother undefiled,  
Mother most amiable,  
Mother most admirable,  
Mother of good counsel,  
Mother of our Creator,  
Mother of our Savior,  
Virgin most prudent,  
Virgin most venerable,  
Virgin most renowned,  
Virgin most powerful,  
Virgin most merciful,  
Virgin most faithful,  
Mirror of justice,  
Seat of wisdom,  
Cause of our joy,  
Spiritual vessel,  
Vessel of honor,  
Singular vessel of devotion,  
Mystical rose,  
Tower of David,  
Tower of ivory,  
House of gold,

Ark of the covenant,  
Gate of heaven,  
Morning star,  
Health of the sick,  
Refuge of sinners,  
Comfort of Migrants,  
Comforter of the afflicted,  
Help of Christians,  
Queen of Angels,  
Queen of Patriarchs,  
Queen of Prophets,  
Queen of Apostles,  
Queen of Martyrs,  
Queen of Confessors,  
Queen of Virgins,  
Queen of all Saints,  
Queen conceived  
    without original sin,  
Queen assumed into heaven,  
Queen of the most holy Rosary,  
Queen of Families,  
Queen of Peace,

**Priest:** Lamb of God, you take away the sins of the world,

**All:** Spare us, O Lord.

**Priest:** Lamb of God, you take away the sins of the world,

**All:** Graciously hear us, O Lord.

**Priest:** Lamb of God, you take away the sins of the world,

**All:** Have mercy on us.

**Priest:** Pray for us, O Holy Mother of God,

**All:** That we may be made worthy of the promises of Christ.

**Priest:** Let us pray.

Grant, we beseech you, Lord God,  
that we your servants may rejoice  
in continual health of mind and body  
and, by the glorious intercession of Blessed Mary,  
ever Virgin,  
may we be delivered from present sorrow  
to delight in joy eternal.  
Through Christ our Lord.

**All:** Amen



## PRAYER TO ST. JOSEPH AFTER THE ROSARY

**All:** To you, O blessed Joseph,  
do we come in our tribulation,  
and having implored the help of your most holy Spouse,  
we confidently invoke your patronage also.

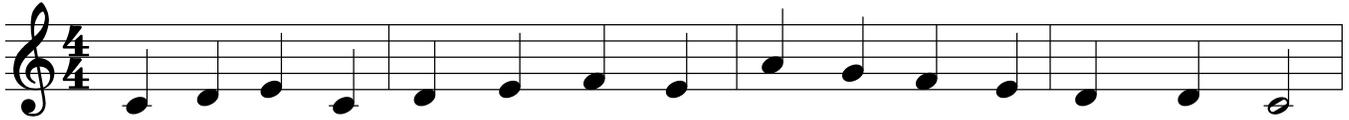
Through that charity which bound you  
to the Immaculate Virgin Mother of God  
and through the paternal love  
with which you embraced the Child Jesus,  
we humbly beg you graciously to regard the inheritance  
which Jesus Christ has purchased by his Blood,  
and with your power and strength  
to aid us in our necessities.

O most watchful guardian of the Holy Family,  
defend the chosen children of Jesus Christ;  
O most loving father, ward off from us  
every contagion of error and corrupting influence;  
O our most mighty protector, be kind to us  
and from heaven assist us in our struggle  
with the power of darkness.

As once you rescued the Child Jesus from deadly peril,  
so now protect God's Holy Church  
from the snares of the enemy and from all adversity;  
shield, too, each one of us by your constant protection,  
so that, supported by your example and your aid,  
we may be able to live piously, to die in holiness,  
and to obtain eternal happiness in heaven. Amen.

# ADORATION OF THE BLESSED SACRAMENT

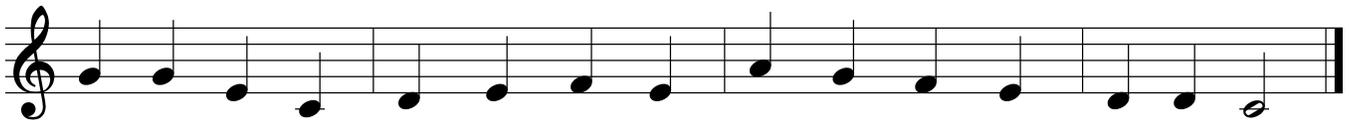
## COME ADORE THIS WONDROUS PRESENCE



1. Come a-dore this won-drous pres-ence, Bow to Christ the source of grace.  
2. Glo-ry be to God the Fa-ther, Praise to his co-e-qual Son,



1. Here is kept the an-cient prom-ise Of God's earth-ly dwell-ing place.  
2. Ad-o-ra-tion to the Spir-it, Bond of love, in God-head one.



1. Sight is blind be-fore God's glo-ry, Faith a-lone may see his face.  
2. Blest be God by all cre-a-tion Joy-ous-ly while ag-es run!

**Priest:** You have given them bread from heaven:

**All:** Containing in itself all delight.

**Priest:** Let us pray.

Lord Jesus Christ, you gave us the Eucharist  
as the memorial of your suffering and death.

May our worship of this sacrament of your body and blood  
help us to experience the salvation you won for us  
and the peace of the kingdom  
where you live with the Father and the Holy Spirit,  
one God, forever and ever.

**All:** Amen

# BENEDICTION OF THE BLESSED SACRAMENT

## THE DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints.

## REPOSITION OF THE BLESSED SACRAMENT

### FINAL HYMN

#### HOLY GOD WE PRAISE THY NAME

1. Holy God, we praise thy name;  
Lord of all, we bow before thee!  
All on earth thy scepter claim,  
All in heav'n above adore thee;  
Infinite thy vast domain,  
Everlasting is thy reign. *(repeat last 2 lines)*
2. Holy Father, Holy Son,  
Holy Spirit, Three we name thee,  
While in essence only One,  
Undivided God we claim thee;  
And adoring bend the knee,  
While we own the mystery. *(repeat last 2 lines)*